

Family Script – Mia Jones Social Determinants of Health Assessment

Potential Question	Answer
Concerns	<p>I'm concerned about Mia's weight. She is small for her age – only 30 pounds. She is such a picky eater and she eats an awful lot of candy, which makes her already bad teeth even worse, but it's often the only way we can get her to do her chores and sometimes a way we can get her to eat. It is also the only treat her grandparents can afford and they do like to give her a treat when she is being good.</p> <p>I'm a bit concerned and very excited that Mia is going to school. I'm not sure that she is ready for school. How do you know if a child is ready for school? What if she is bullied because of her second hand clothing and her brown front teeth. I'm excited because at school Mia will be able to make friends who are her own age.</p> <p>Mia seems excited about going to school.</p>
Child and Family Information	<p>We have a really special routine. When I pick Mia up from her grandparents we play I spy with my little eye on our way home. She loves that game.</p> <p>Mia has no special needs. I'm not concerned about her learning at all. My parents tell me, all the time, how smart she is. I think it's because I read to her every night and we play I spy every day. She has so many questions...sometimes it's exhausting.</p> <p>There have been no changes in our family structure and no one has developed any major health concerns in the last little bit.</p> <p>Mia's grandpa smokes, but he tries to do it outside. He knows it's bad for his health and Mia's health, but he just can't stop. He's tried to stop so many times, but he just can't seem to do it.</p>
Developmental Assessment	Mia is meeting all of the developmental milestones.
Financial & Living Situation	We have never struggled to put food on the table. We can't afford expensive food because we live paycheck to paycheck, but we have never gone hungry. I remember only one or two times needing to use the food bank, but that only happened because Mike's truck broke down and we needed to fix it.

Childcare	<p>My parents take care of Mia as both Mike (my partner) and I work. My Dad has arthritis and my Mom has high blood pressure, but other than that they are fairly healthy.</p> <p>Mia does spend quite a bit of time watching TV as Dad and Mom don't have as much energy as they used to. They try to take her to the neighborhood park when they can, but TV does keep Mia entertained. I'm a bit concerned because sometimes I think they are getting too old to care for Mia. Thank goodness she is going to school next year. This will give them a break.</p>
Oral Health	Mia does not have a regular dentist. She does have some brown front teeth, but I think it's cute and she will lose them soon anyway.
Alcohol and Drugs	Mike has a few beers on the weekend, but it's so expensive that we can only afford for him to drink two beers on Friday night and two on Saturday night. I don't drink at all. We just can't afford it.
Intimate Partner Violence	Mike and I have a great relationship. I'm so lucky. He is so supportive and we both love Mia.
Community Safety	<p>The neighborhood that we live is okay. It's pretty safe in the day, but I don't like to go out by myself at night.</p> <p>We are so busy with work that we don't often have time to socialize or go to church even. I'm a bit worried because Mia has never played with children her own age. She has always just had my parents, Mike, and me. Occasionally Mike will get together with some of his old high school friends and I still keep in touch with some of mine, but our friends don't have kids yet. Mia was a bit of an accident but I'm so glad we have her.</p>
Readiness for School & Language	Mia's language is appropriate for her age. I read to her every night before bed. The library is close by and we get books out each week. I know she watches a lot of TV at my parents so we really try to limit TV at home. Plus our TV at home is old and we can't afford cable, so it's not really interesting anyway.
Socialization	<p>Mia doesn't have any close friends that are her age. It's one thing I'm really worried about when she goes to school. Will she be able to meet friends? Do you know who I could talk to in order to get this information?</p> <p>Mia doesn't attend preschool. She really likes to have my parents take care of her.</p>
Nutrition	Mia is a very picky eater but she does like water. She doesn't like milk. We try to get her to eat different foods, but mostly she eats chicken and potatoes. She doesn't like vegetables...only carrots sometimes.
Sleeping Habits	Mia is a good sleeper. She goes to sleep at 8:00 each night. We read from 7:30 to 8:00 most nights. She doesn't like to brush her teeth and because she only has her little teeth we don't worry about this very much.

TV and Activity	As I mentioned earlier, Mia spends a great deal of time watching TV. I walk with her to my Mom and Dad's each day...which takes us about 15 minutes, so I guess she gets about 30 minutes outside. We don't do much outside as a family because there really isn't anywhere nice to go that is close by. We have no media plan...what is that?
Car Safety	Mia almost never travels in a vehicle with me. We walk or take the bus.
Outdoor Safety	Mia is watched when she is outside, but sometimes I worry that my Mom isn't paying enough attention to her. So she doesn't play outside much... mostly watches TV or plays games inside with Mom and Dad. The only playground close by isn't the best place to play except for on certain afternoons. The teens can be a bit intimidating so my Mom doesn't like to go very often. No one around here has swimming pools and we don't think she needs swimming lessons...when are we ever going to be able to afford to go on a vacation.
Pets	We don't have any pets...they are just too expensive. I know Mia wants a dog, but we just can't afford it.
Gun Safety	We have one gun. I keep it for safety...especially on the nights that Mike needs to work. As I mentioned earlier...I don't feel safe at night. But Mia has no access to the gun. We keep it locked up except for the nights that Mike works and then it's only in our bedroom and Mia knows she isn't to touch it.

*If there is a question that you don't have an answer for, it's okay to say that you don't know.