

## Instructor's Toolkit for Eileen Suzuki's Monologue

Eileen Suzuki's monologue can be used in a variety of ways. Here are a few to consider:

- large class discussion
- small group discussion during class or clinical
- reflective journaling assignment
- web-based assignment: listen to the audio or read the script, then discuss and summarize the group's conclusions.

Here are some questions that might be used to stimulate discussion.

1. What are Eileen's strengths?
2. What are your concerns for Eileen and Angela?
3. What is the cause of your concern?
4. What additional information do you need or wish you had?

These questions were adapted from the following publication: Benner, P., Sutphen, M., Leonard, V., Day, L., & Shulman, L. (2010). Paradigm case: Lisa Day, classroom and clinical instructor. In *Educating nurses: A call for radical transformation* (p. 133). San Francisco: Jossey- Bass.

### Possible answers to questions:

1. What are Eileen's strengths?
  - She was able to move on after the death of her husband.
  - She is devoted to children and to her friend Angela.
2. What are your concerns for Eileen and Angela?
  - Caring for Angela will be stressful for Eileen.
  - Will Eileen be able to manage care for her granddaughter and Angela?
  - What impact might Angela's needs have on their friendship, and how could that impact their relationship and Angela's health?
3. What is the cause of your concern?
  - Caring for a two-year-old can be exhausting.
  - Eileen seems to already feel stressed.
  - Eileen may feel guilty and unable to say "no" to her friend

4. What additional information do you need or wish you had?
  - Assessment of Eileen's health status.
  - Have family members and/or friends offered to help if needed?
  - What is Angela's home environment like?

Other ideas:

- Explore available resources in the community that could be helpful to Angela.
- Investigate local support groups or other resources specific to caregivers (i.e. hospitals, senior centers, clinics)

We encourage you to be creative and add to the monologue or create new monologues that match the content in your curriculum. You might consider expanding the case until you have monologues and simulation scenarios that can be used throughout the entire curriculum.